



Summer Menu

Entrees

Buttery Pasta	\$6.50
Chicken Fried Rice	\$7.00
Tofu Fried Rice	\$7.00
Homemade Mac & Cheese	\$7.00
Chicken Fingers with Rice Pilaf (GF)	\$7.50
Veggie Fingers with Rice Pilaf	\$8.00
Meatballs, Mashed Potatoes & Gravy	\$8.00
Veggie Balls, Mashed Potatoes & Gravy	\$8.00
Perogies (7 pcs) with Sour Cream	\$7.50
Pasta with Meat Sauce	\$8.00
Pasta with Tomato Sauce	\$6.75
Chicken Vegetable Stir-fry (lo mein)	\$7.75
Tofu Vegetable Stir-fry (lo mein)	\$7.75

Sandwiches & Wraps

Beef Burger	\$6.25
Chicken Burger	\$6.75
Veggie Burger	\$7.25
BLT (turkey bacon, lettuce, tomato, mayo)	\$7.00
Chicken Caesar Wrap	\$7.25
Veggie Caesar Wrap (with tofu strips)	\$7.75
Grilled Cheese Sandwich	\$6.50

Drinks

Apple Juice	\$1.55
Fruit Punch (Oasis Wildberry)	\$1.55
Strawberry Banana Orange Juice	\$1.55
Apple Grape Juice	\$1.55

(GF) Gluten Friendly
 (SFTE) Sweets From the Earth Premium Baked Good.

Due to challenges with food supply, substitutions may be made at our discretion.



Helping children eat well and perform better.

Side Items

Steamed Corn Niblets	\$2.00
Steamed Rice	\$2.60
Edamame (cold, shelled)	\$2.60
Garlic Bread	\$2.00
Cucumber Slices	\$2.00
Veggies & Dip (ranch)	\$3.00
Chicken Fingers Only (2 pcs) (GF)	\$5.25
Veggie Fingers Only (2 pcs)	\$5.50

Snacks & Desserts

Banana Muffin (SFTE)	\$1.75
Carrot Muffin, Gluten Friendly (SFTE)	\$1.75
Chocolate Chip Cookie (SFTE)	\$1.50
Chocolate Pudding	\$1.75
Diced Fruit	\$2.35
Fudgy Brownie (SFTE)	\$1.75
Fruit of the Day	\$1.75
Popcorn	\$1.95
Superfood Granola Bar (SFTE)	\$1.75

Condiments

Butter	\$0.35
Cheddar Cheese Slice	\$0.55
Parmesan Cheese	\$0.55
Mayonnaise	\$0.35
Pickles	\$0.35
Plum Sauce	\$0.35
Ketchup, Relish, Mustard	comp
Salt & Pepper	comp

Order by 10am the previous business day.

Need Help with your order?

905-944-0210 / information@kidskitchen.ca

